

Setting Goals for your Family in the New Year

What are 3 core values of your family?

1. _____
2. _____
3. _____

Write at least one goal for each of the following areas:

1. A family goal: _____
2. A behavioral goal for your child: _____
3. A social goal for your child: _____
4. An educational goal for child: _____
5. A goal for yourself as a parent: _____

What action steps are you going to take to reach your goals?
